



For more information about our programs, please contact Laura at 416-588-3755 ext. 560 or email earlyon@dpnchc.ca

Location	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Main Site</u> Davenport-Perth Neighbourhood and Community Health Centre 1900 Davenport Rd	Family Fun Time 9:30am – 1:00pm <i>0 to 6 years</i> Story -Time @ 11AM (closed May 19 th)	Family Fun Time 9:30am – 3:00pm <i>0 to 6 years</i> Child Development and Parenting Support 1:30pm – 3:00pm <i>0 to 6 years</i>	Indoor Active Play <u>Sanctuary Space</u> 9:30am-11:30am <i>1 to 5 years</i> (Last day May 28 th) Babies on the Move 1:30pm-3:30pm <i>0-11 months</i>	Family Fun Time 9:30am – 3:00pm <i>0 to 6 years</i> Child Development and Parenting Support 1:30pm – 3:00pm <i>0 to 6 years</i>	Family Fun Time 9:30am – 3:00pm <i>0 to 6 years</i> Baby & Me Fitness <u>Sanctuary Space</u> 10:00am – 10:30am <i>0-7 months</i> Go-Go Babies <u>Sanctuary Space</u> 10:30am – 12:30pm <i>0-13 months</i> (closed May 9 th)	Indoor Active Play <u>Sanctuary Space</u> 9:30am – 11:30am <i>1 to 5 years</i> (Last day May 10 th)
<u>Pauline P.S.</u> 100 Pauline Ave	Family Fun Time 9:30am – 12:00pm <i>0 to 6 years</i> Story-Time @ 11AM (closed May 19 th)	Family Fun Time 9:30am – 12:00pm <i>0 to 6 years</i>	Family Fun Time 9:30am – 12:00pm <i>0 to 6 years</i>	Family Fun Time 9:30am – 12:00pm <i>0 to 6 years</i>	Family Fun Time 9:30am – 12:00pm <i>0 to 6 years</i> (closed May 9 th)	IMPORTANT NOTICES <ul style="list-style-type: none">All programs closed Friday, May 9th for an EarlyON staff professional development.Last day for Saturday Indoor Active Play is May 10th.All programs closed Monday, May 19th for Victoria Day.Last day for Wednesday Indoor Active Play is May 28th. Family Fun Time program downstairs will now be running every Wednesday in June.
<u>Wallace Emerson</u> 1290 Dufferin St		Indoor Active Play 9:30am – 11:30am <i>1 to 5 years</i>		Indoor Active Play 9:30am –11:30am <i>1 to 5 years</i>		
<u>Dufferin/St. Clair Library</u> 1625 Dufferin St	Baby Lap Time 10:30pm – 12:00pm <i>0-11 months</i> (closed May 19 th)		Family Fun Time 10:30am – 12:30pm <i>0 to 6 years</i>	Professionals Visits Toronto Public Health Nurse: Cindy DaCosta Main Site: Tuesday, May 6 th Go-Go Babies: Friday, May 16 th Davenport Perth Dietitian: Stephanie C-Conroy Main Site: Thursday, May 15 th		
<u>The Stop</u> 1884 Davenport Rd			Healthy Beginnings 10:00am – 1:00pm Prenatal Program (pre-registered)			



OTHER PROGRAMS AND SERVICES:

- **One to One Parent Support** – Child Development Screening, Information, Strategies and Referral - Contact Dana at dschafer@dpnchc.ca
- **Language Specific Support in Spanish, Portuguese, Mandarin, Tamil & Urdu** – Call 416.656-8025 and ask to speak with an EarlyON staff



Davenport-Perth EarlyON Child and Family Centre

Program Information

PARENT/CHILD DROP-IN PROGRAMS

(FAMILIES DO NOT REQUIRE TO SIGN UP IN ADVANCETO JOIN THE PROGRAM)

FAMILY FUN TIME - at Davenport-Perth, Pauline P.S, Dufferin & St. Clair Library – Ages 0 to 6 years

Join us for a fun and interactive play-based program. Children and their parents/caregivers can access a variety of activities to play and learn together. You will also have opportunities to connect with others or speak to staff about your child's development or parenting needs. Snacks provided at the Main Site and Pauline P.S.

BABY LAP TIME - at the Dufferin-St. Clair Library – Ages 0 to 11 months (Mondays)

Join us for weekly discussions on parenting and infant care. Meet other parents, learn new songs, rhymes and finger plays, and foster bonding with your baby.

BABIES ON THE MOVE – at Davenport-Perth – Ages 0 to 11 months (Wednesday)

An interactive drop-in program where you and your baby will learn new songs, explore and learn through sensory activities, and socialize with other families.

INDOOR ACTIVE PLAY – at Davenport-Perth – ages 1 to 5 years (Wednesdays & Saturdays)

Join us for a fun and interactive active drop-in program where you and your baby will learn new songs, explore and learn through sensory and gross motor activities, work together on new developmental skills, and socialize with other families.

GO-GO BABIES! – at Davenport-Perth (Sanctuary Space) – Ages 0 to 13 months (Fridays)

Join us for an interactive drop-in program where you and your baby will learn new songs, explore and learn through sensory and gross motor activities, work together on new developmental skills, and socialize with other families.

INDOOR ACTIVE PLAY – at Wallace Emerson – Ages 1 to 5 (Tuesdays & Thursdays)

Join us for a fun active play program where children will have opportunities for physical activity. For more information about this program contact us or Wallace Emerson at 416-392-0039.

BABY & ME FITNESS – at Davenport-Perth – Ages 0 to 7 months (Fridays)

Join our exercise group led by Sarah Perruzza, Registered Physiotherapist where we will be focusing on delivering safe exercise for parents/caregivers while integrating interaction and movement with baby. The program will promote physical well being and boost your mood while connecting with others.

PRE-REGISTERED PROGRAMS/WORKSHOPS

HEALTHY BEGINNINGS at The Stop Food Community Centre (by Appointment).

A prenatal nutrition and pregnancy support program that offers opportunities to talk with Family Support Workers, Dietitians and Perinatal Staff, and to learn about pregnancy and healthy eating. For more information, please contact The Stop Community Food Centre at 416-652-7867 ext. 221.

WALK-IN CHILD DEVELOPMENT AND PARENTING SUPPORT - at Main Site – ages 0 to 6 years (Tuesdays & Thursdays) - 1:30pm-3:00pm. (No appointment needed)

Parents will have the opportunity to meet one-on-one with our Resource Coordinator and/or ECE to discuss concerns about their children’s development and/or behaviour. Developmental screenings, checklist, referrals, resources and parenting support available. Child minding and TTC fare provided if needed.

Professionals Visits

NURSE VISIT - at main site DPNC. (No pre-registration needed)

Cindy, our Toronto Public Health nurse will be coming in to visit our Family Fun Time program at our main site DPNC on Tuesday, May 6th and Go-Go Babies on Friday, May 16th. Cindy will be connecting with families and caregivers, sharing her knowledge and resources.

DIETITIAN VISIT – at main site DPNC. (No pre-registration needed)

Stephanie, our Community Dietitian will continue joining us every third Thursday of the month. Join us on Thursday, May 15th as she prepares a **healthy meal** on-site, share helpful resources and nutritious recipes, and answer all your questions about healthy eating for you and your family. This is a great opportunity to learn practical tips, discover new recipes, and connect with others interested in maintaining a balanced and healthy lifestyle.

Program Locations

Main Site (Davenport-Perth) - 1900 Davenport Rd.

The Stop Community Food Centre - 1884 Davenport Rd.

Dufferin/St. Clair Library - 1625 Dufferin St.

Pauline Public School – 100 Pauline Ave (South Playground Door B1).

Wallace Emerson Community Centre – 1290 Dufferin St.

If you or your child requires an accommodation or extra support to be able to participate in a program, please contact our office at 416-588-3755 ext. 560 or email Amada at acisternas@dpnchc.ca