



A Warm Reflection on February's Valentine's Celebration & Black History Month



February was a month filled with love, laughter, and community spirit! **Our Valentine's celebration** brought together our **seniors, staff, and volunteers** for a **heartwarming** afternoon of music, dancing, and delicious food. In addition to Valentine's Day, we also **celebrated Black History Month**, honoring the rich culture, contributions, and achievements of the Black community.

Despite the challenges posed by the weather, our programs continued successfully, bringing seniors together for fitness sessions, wellness programs, and Spanish and English classes. These activities fostered engagement and strengthened our community bonds.

A Message from the Director Community Support Services

Director Wendy expressed her heartfelt gratitude to all the seniors for accepting the Valentine's invitation and actively participating in the programs that benefit them. She emphasized the importance of working together to ensure that our seniors lack nothing of significance. Wendy reaffirmed our commitment to unity, compassion, and cultural integration as the pillars of our community. To all staff members and volunteers, she extended her sincere appreciation and encouraged them to never tire in doing good.



Director Wendy Lancashire

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SENIORS SERVICES NEWSLETTER

Dance Floor

The open dance floor was a highlight of the event! Seniors and staff came together, moving to the rhythm of a diverse selection of music, including Italian, Spanish, English, and Portuguese tunes. The joy and excitement were evident as everyone swayed, clapped, and embraced the spirit of celebration. Music brought people together, breaking barriers and creating lasting memories filled with laughter and unity.



On behalf of the seniors, I want to extend a heartfelt thank you for the wonderful Valentine's celebration. Your hard work and dedication in making these programs run smoothly do not go unnoticed. We truly appreciate the warmth, care, and effort you put into creating spaces where we feel valued, connected, and included. Your call to embrace cultural diversity is inspiring, and it reminds us how important it is to celebrate and uplift one another. As we look forward to Black History Month, we are grateful for the opportunity to honor our shared history and learn from each other.

Ena Paul



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Black History Month

Black History Month Celebration at DPNCHC – A Resounding Success!

On February 27, the Davenport Perth Neighbourhood and Community Health Centre (DPNCHC) came together to celebrate Black History Month in a truly remarkable way. This event was a testament to the power of collaboration, as all departments worked hand in hand to ensure its success.

Tammy DPNCHC's Executive Director applauded the collective effort, stating, "Another fantastic community event! Our Black History Month Celebration was a great success. From engaging presentations to delicious food and great music, DPNCHC truly hosts the best events!"

A special thank you goes out to all departments, staff, volunteers, and participants who contributed their time and dedication to making this event such a success. Your efforts ensured that Black history and culture were not only celebrated but also honored in a way that fosters learning, appreciation, and unity within our community.

As we reflect on this celebration, let's continue to recognize and appreciate the contributions of Black communities beyond Black History Month, integrating these conversations and celebrations into our everyday lives.

Thank you to everyone who made this event a memorable one!

Honoring Black History and Legacy

"The time is always right to do what is right." – **Dr. Martin Luther King Jr.**

"Hold fast to dreams, for if dreams die, life is a broken-winged bird that cannot fly." – **Langston Hughes**



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Month of February

Inspiring Action and Progress

"Do the best you can until you know better. Then when you know better, do better." – **Maya Angelou**

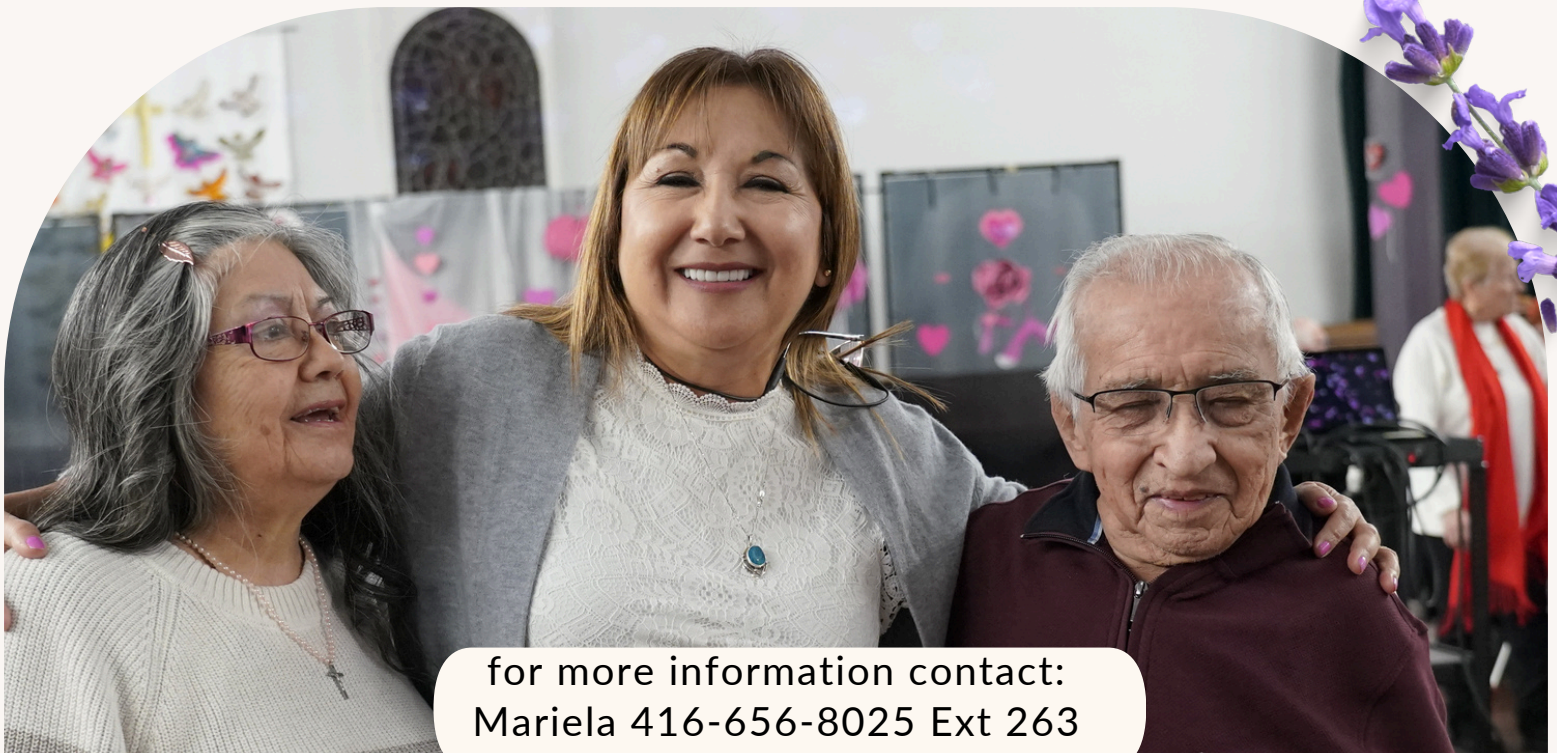
"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek." – **Barack Obama**



Program Manager Mariela Soto

I want to take a moment to express my heartfelt gratitude to each and every one of you for making our Valentine's and Black history month celebration such a wonderful success. Your participation, contributions, and dedication continue to strengthen the spirit of our community.

As we embrace the richness of our cultural diversity, I encourage both our staff and seniors to keep that spirit alive. It is through our shared experiences and celebrations that we build a stronger, more inclusive community. As we now prepare for Black History Month, let us continue to honor and uplift the stories, traditions, and contributions that make us who we are.



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